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# University of Colorado

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## **MEDIA HIGHLIGHTS**      FEBRUARY 2022



University of Colorado **Boulder**



### [\*\*CU Boulder Researchers Highlight Impact of Light on Kids' Sleep\*\*](#)

**Daily Camera**

(Jan. 30, 2022) -- CU Boulder researchers have found that exposing preschool-age children to bright light before bedtime shuts down their production of the sleep-promoting hormone melatonin almost entirely, keeping it suppressed long after lights out. [Monique LeBourgeois](#), the study's senior author and an associate professor of integrative physiology at CU Boulder, along with author Lauren Hartstein, a postdoctoral fellow in the Sleep and Development Lab at CU Boulder, teamed up with other researchers in the area for the study.



## [Was a Missing Colorado Mother Murdered or Abducted?](#)

**WSGW (CBS News)**

(Jan. 22, 2022) -- “When something like this happens – when somebody goes missing – you want answers,” [Aya Gruber](#), a law professor at CU Boulder and a former defense attorney, tells 48 Hours. “But this case is incredibly unique. When you started to dig a little bit deeper, nothing is what it seems.”



## [‘A Chance to Change the World’ — New Initiative to Elevate Voices and Experiences of Jews of Color](#)

**Forward**

(Jan. 21, 2022) -- A new initiative to recover, study and elevate the voices and experiences of Jews of Color in the United States is launching at CU Boulder with the support of a three-year, \$250,000 grant from the Henry Luce Foundation. “Jews of Color: Histories and Futures” is spearheaded by [Samira K. Mehta](#), assistant professor of Jewish Studies and women and gender studies at the university.



## [The Great Resignation Empowered Workers, but That Power Could Fade within Months](#)

**Fortune**

(Jan. 25, 2022) -- "I don't think things will get any better," said [David Hekman](#), associate professor of organizational leadership at CU Boulder and co-author of the report. He said that workers will likely have power for two or three more months, while unemployment is low and job openings with higher wages are abundant, but as soon as there is an economic downturn, things will revert back to normal.



## [What TikTok's 'West Elm Caleb' says About Dating, Social Media — and Us](#)

**NBC News**

(Jan. 26, 2022) -- There is no question that this growing trend toward collective sleuthing and call-outs has led to forms of accountability. Recently, a financial adviser from Merrill Lynch was arrested and fired after a video circulating on TikTok was alleged to show him berating and physically assaulting teenagers working at a smoothie shop, writes [Casey Fiesler](#), assistant professor in the department of information science at CU Boulder.



University of Colorado **Colorado Springs**



## [Call for Pikes Peak to be Renamed to Its Ute Name Gains Steam](#)

**The Gazette**

(Jan. 8, 2022) -- “There is no real compelling reason the mountain should be named after Zebulon Pike,” says [John Harner](#), who teaches geology and environmental studies at UCCS. “He never summited the mountain, he grossly overestimated its height, and he spent no real time in the region or made any lasting impacts here.”



## [Still Avoiding Life Admin? How to Motivate Yourself to do Even the Dullest of Tasks](#)

**CNBC**

(Jan. 24, 2022) -- [Jessi Smith](#), a psychology professor at UCCS, explained that “intrinsic” versus “extrinsic” motivation also had a role to play in motivation. People ideally want to be intrinsically motivated to do a task, Smith said, as it means they are driven by internal rewards. She said one way to foster intrinsic motivation was to turn mundane tasks into a game, by having some kind of competition with yourself.



## [Here's What You Need to Know about the Supply Chain](#)

**KOAA**

(Jan. 23, 2022) -- Impacts from the supply chain and inflation will be present for a while, and not just on store shelves. That's according to [Scott Van Ness](#), an instructor at UCCS. For Van Ness, what's happening right now is a real-world example he's using in his operations management course this semester.



## [Financial Assistance Plentiful for College-bound Students](#)

**The Gazette**

(Jan. 30, 2022) -- State lawmakers set the reduction annually; this academic year it's \$94 per credit hour, said [Jevita Rogers](#), senior executive director for financial aid, student employment and scholarships at UCCS.

"It's not based on any kind of financial need or grades — just that you are an in-state student," she said. Students at UCCS are getting an additional tuition break this year. Although the CU Board of Regents approved a 3% tuition hike for the 2021-22 school year, the increase is being evenly offset by federal pandemic relief funds earmarked for higher education.



## [What the Supreme Court Decision Regarding Vaccine Mandates Means for Southern Colorado](#)

KRDO

(Jan. 14, 2022) -- UCCS Political Science professor [Josh Dunn](#) says the president's next step could be to encourage individual states to consider broad vaccine mandates of their own, since Congress is unlikely to act on the situation.

“President Biden has one option: to use the bully pulpit and then try to convince states that are friendly to his position to impose a similar kind of mandate,” Dunn said.

Also:

- [Colorado Lawmakers Push to Eliminate Sales Tax on Feminine Products, Diapers](#), KRDO, Jan. 10
- [News Literacy in an Election Year](#), KOAA, Jan. 27



University of Colorado **Denver**



## [The New Female Antihero, by Sarah Hagelin and Gillian Silverman](#)

**Times Higher Education**

(Jan. 20, 2022) -- In recent years, we have witnessed a fascinating trend: the explosion of strong and norm-defying female protagonists on prime-time television. From the single-minded and ruthless Elizabeth Jennings – a KGB spy posing as an American suburban mother and wife – in *The Americans* (2013-18) to the anti-aspirational and pleasure-seeking Hannah Horvath in *Girls* (2012-17), these women are, as [Sarah Hagelin](#) and [Gillian Silverman](#), left, argue, our 21st-century anti-heroes.



## [Grocery Braces for Strike over Pay, Safety](#)

**Colorado Springs Business Journal**

(Jan. 14, 2022) – [Traci Sitzmann](#) has a pretty clear idea about what the looming strike at King Soopers means. “American workers are telling us that they are fed up with the world where the person at the top gets enough money to live in multiple mansions, and the people at the bottom can’t feed their children,” said Sitzmann, a management professor at CU Denver.



## [What does it take to recover from a Colorado disaster? These people have experience — and some tips](#)

**The Denver Post**

(Jan. 9, 2022) -- [Gregory Simon](#), an associate professor of geography and environmental sciences at CU Denver, has tracked several fire recoveries. It's an interest rooted in his own family's weathering of the Oakland firestorm of 1991, when he was a teenager and many homes on their block burned down. Theirs was spared.

"The households that have (robust savings) will probably be OK," Simon said, "but it's the people who don't have a savings account of sufficient amount that will be finding this to be more difficult. They most likely will be compensated later, but it'll be really difficult," he said.



## [Ivermectin's False Reputation Exemplifies How Misinformation Spread](#)

**Science Friday**

(Jan. 14, 2022) -- The fact that unvetted research conducted in labs overseas could wreak such havoc across the U.S. is a testament to the vulnerable social and political situation in the country, said [Jennifer Reich](#), a sociologist at CU Denver.

"The thing about COVID, and I think any infectious disease, is that they don't necessarily create new

problems. But they magnify the problems we already have,” Reich said. “Claims only make sense because they resonate against things that are already happening.”



## [Denver Sheriff, Former Public Safety Director Under Investigation](#)

**Fox 31**

(Jan. 7, 2022) -- “I was stunned,” said [Mary Dodge](#), a professor of criminology at CU Denver, who after reading Blair’s letter said it should have warranted immediate attention and follow-up. “Certainly, that would be your first step. You read that letter then you do an investigation. You don’t wait four months.”



University of Colorado **Anschutz Medical Campus**



## [Among Young Adults, Women are 44% More Likely to Have Ischemic Stroke vs. Men](#)

**Healio**

(Jan. 24, 2022) -- “Our finding suggests that strokes in young adults may be happening for different reasons than strokes in older adults. This emphasizes the importance of doing more studies of stroke in younger

age groups so that we can better understand what puts young women at a higher risk of stroke,” [Sharon N. Poisson](#), associate professor of neurology at the CU Anschutz Medical Campus.



## [Wealth of Newer Treatment Options Span the Scope of Multiple Myeloma and Amyloidosis](#)

**OncLive**

(Jan. 13, 2022) -- Treatment selection for patients with newly diagnosed, early relapsed, and late relapsed multiple myeloma requires consideration of patient-, disease-, and treatment-related factors.

“Multiple myeloma is moving very fast right now. There are a lot of new agents...that are exciting, including oral options,” said [Tomer Mark](#), an associate professor of medicine, clinical director of the Plasma Cell Disorders Program at the CU School of Medicine.



## [Do You Have ‘Super Immunity’ After Booster, Omicron?](#)

**KDVR**

(Jan. 20, 2022) -- “There is this concept of what’s been called hybrid immunity,” said [Jean Kutner](#), professor of medicine at CU Anschutz. Kutner said hybrid immunity is the combination of immunity from vaccination and

immunity from infection. Each provides a slightly different benefit.

“That said, it’s not a ticket to ride. It’s quite variable individual to individual, the extent to which we each have an immune response,” she said.



## [What Does a Pig-to-Human Heart Transplant Mean for Medicine?](#)

### **Medscape**

(Jan. 12, 2022) -- “I think even just a couple of years ago, people felt that xenotransplantation for the heart and other organs was still a long way off. And it seems like it’s started to move very quickly,” [Larry A. Allen](#), CU School of Medicine, told theheart.org | Medscape Cardiology.



## [Many Doctors Uninformed on Rights of Disabled Patients](#)

### **U.S. News & World Report**

(Jan. 10, 2022) – “Medical schools are currently training students about combating racism, and there should also be training in combating discrimination against people with disability, also known as ‘ableism,’” said [Eric Campbell](#), a survey scientist at CU Anschutz Medical Campus who studies access to care for patients with disabilities. “Every practicing physician can expect to see increasing numbers of people with disability, and they

need to know how to accommodate them,” Campbell said.

Also:

- [5 Years into Colorado’s Medical Aid-In-Dying Programs, Access is Still an Issue](#), CPR, Jan. 28

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